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Bulletin

OF THE

National Tuberculosis Association

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Vol. VIII JULY, 1922 No. 7

Resignation of Dr. Hatfield

After eight years of service with the National Tuberculosis Association, Dr. Charles J. Hatfield announced his resignation as Managing Director at a meeting of the Board of Directors held in connection with the Eighteenth Annual Meeting of the Association. The resignation will take effect on October 1st, 1922. On that date he will be succeeded by Dr. Linsly R. Williams, who is at present Director of the Commission for the Prevention of Tuberculosis in France of the Rockefeller Foundation.

In tendering his resignation, Dr. Hatfield explained that while his work with the National Tuberculosis Association had been increasingly enjoyable as the organization developed and its affiliations with departments of the federal government and with other voluntary health organizations had increased, he had come to the conclusion that his responsibilities in Philadelphia and to his family will make it impossible for him to continue his work as managing director with satisfaction to himself and with justice to the Association.

Dr. Hatfield's resignation was accepted by the Board with the passage of the following resolution:

"WHEREAS, Dr. Charles J. Hatfield, Managing Director of the National Tuberculosis Association since 1914, has tendered his resignation to its Board of Directors, and

"WHEREAS, The Board of Directors, after prolonged consultation with Dr. Hatfield, have concluded that they have not the right to insist upon the personal sacrifices which a further retention of this office would impose upon him, be it therefore,

"RESOLVED, That the National Tuberculosis Association hereby expresses to Dr. Hatfield,

"(1) Its grateful appreciation of the wisdom, the patience and the untiring energy which have characterized his direction of its activities throughout these years.

"(2) Its recognition of the fact that the unprecedented development of the work of the Association and the great influence it has exerted on the health of our whole country has been due chiefly to his leadership and to that of his predecessor, Dr. Farrand, and

"(3) Its very keen regret he has found it necessary to resign that leadership."

In June, 1914, Dr. Hatfield, who had been a member of the Executive Committee for several years, was asked to become the Executive Secretary of the Association on a part time basis, following the resignation of Dr. Livingston Farrand in December, 1913. Later Dr. Hatfield became managing director.

Dr. Williams expects to sail from France, where he is closing up the work of the Commission for the Prevention of Tuberculosis, soon after September 1st. Prior to his appointment as director of the tuberculosis work in France, Dr. Williams was deputy commissioner of the New York State Department of Health under Dr. Hermann M. Biggs.

Milbank Foundation Plan Progresses

Plans for the selection of three localities in which health demonstrations will be conducted under the Milbank Memorial Fund Demonstration, announcement of which appeared in the June Bulletin, are now well under way. The localities will include:

A rural county, selected from a group of counties ranging in population from pation assured by the local authorities and private agencies.

A second-class city, the selection to be determined by the degree of partici- 45,000 to 75,000.

A district with a population of at least 100,000 in a large metropolitan city, if there is a demand for it.

The counties and cities will be located in New York state.

Those complying with the above specifications are invited to make application to Mr. George J. Nelbach, Executive Secretary, Committee on Tuberculosis and Public Health, State Charities Aid Association, 105 East 22nd Street, New York City.

The selection of the rural county and the small city will depend largely on the results of two studies now being undertaken. A statistical study of these communities is being made under the direction of Dr. Otto R. Eichel, Director of the Division of Vital Statistics of the State Department of Health, and under the immediate supervision of Miss Jessamine S. Whitney, statistician of the National Tuberculosis Association. Mr. Homer Folks, Secretary of the State Charities Aid Association, is making a social study of the communities.

In considering a suitable operating agency for the state of New York, outside of New York City, the directors of the Milbank fund and their advisers endeavored to select an organization working in close cooperation with the State Department of Health and the National Tuberculosis Association and having strong and influential local affiliations throughout the state.

The canvassing of agencies resulted in the selection of the Committee on Tuberculosis and Public Health of the State Charities Aid Association, which is the New York State branch of the National Tuberculosis Association.

1923 Annual Meeting

The Executive Committee of the National Tuberculosis Association has chosen Santa Barbara, California, as the city where the eighteenth annual meeting of the Association is to be held. Headquarters will be at the Recreation Centre.

A booklet containing information on interesting points of travel en route to and from California will be issued about January 1st. The booklet will also contain suggestive information and itineraries regarding tuberculosis institutions and associations that may be visited.

More detailed information regarding the meeting will be contained in the September BULLETIN.

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The total amount which the Fund contemplates putting into these demonstrations in a five-year period will range from $1,500,000 to $2,000,000.

Correction of Omission

Through an unfortunate omission, no mention was made of Colonel George E. Bushnell as special representative of the National Tuberculosis Association in an article in the April, 1922, issue, regarding the 1921 meeting of the International Union Against Tuberculosis. The omission is especially regretted because Colonel Bushnell attended the meeting in London as the official representative of the National Association, and in this capacity presented a paper on "The Role of the International Union in the Prevention of Tuberculosis." His paper was published in the September, 1921, issue of the *American Review of Tuberculosis.*

Comparative Clinic Hours in Large Cities

The following table, compiled by the National Tuberculosis Association, shows the number of tuberculosis clinic hours per 100,000 population in several important cities in the United States. In the last three cities named tuberculosis associations are connected with community chests. The table seems to suggest an arrested development of tuberculosis clinic growth in community chest cities.

City	Dispensary Hours per 100,000 Population
Boston	20
Philadelphia	13
Chicago	12
Indianapolis	11
New York	10
Cincinnati	10
Cleveland	8
Louisville	8

Health Float Wins Prize

A health float over which the Spirit of the Double-Barred Cross reigned as an impersonation of the war against tuberculosis, recently won a $50.00 prize as the second best decorated float in a parade held at Shamokin, Pennsylvania, which came as a welcome addition to the funds of the Shamokin Tuberculosis Society.

Congress of Hygiene in 1923

A Congress of Hygiene will be held in Strassburg, Alsace-Lorraine, France, in the spring of 1923. The Congress is being promoted by some of the best people in France, and is being organized directly by Dr. Borrel, Professor of Hygiene at the University of Strassburg and Director of the Institute there. Dr. Borrel will be pleased to receive information concerning exhibits, either commercial or otherwise, from physicians, dealers in medical and health supplies, associations and institutions, and other agencies. Those wishing to exhibit at the Congress may communicate directly with Dr. Borrel or through the National Tuberculosis Association.

Health Chairmen

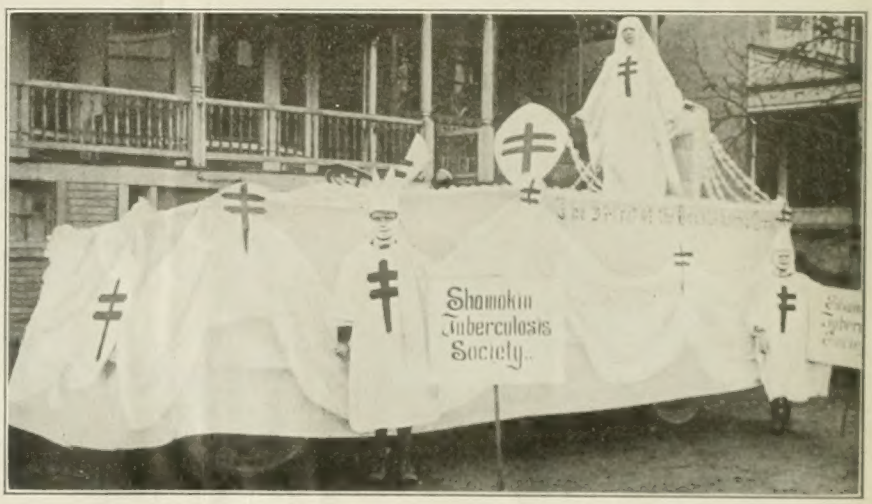
The "Health Chairman" idea of the Marion County (Indiana) Tuberculosis Association, adopted a little more than a year ago, has rapidly become perhaps the salient feature in the educational phase of the association's work. The city of Indianapolis, in which the Marion County Association functions, has a population of more than 350,000. Hundreds of organizations throughout the city have been linked up very definitely with the work of the Association by use of the "Health Chairman" idea.

At the present time more than 300 organizations have health chairmen functioning. Each of these health chairmen is a direct radiation from the Marion County Tuberculosis Association to the organizations in question. Thus by a simple circularizing any health message of the Association may be brought directly to the attention of perhaps 250,000 citizens of this community.

When the experiment was determined on, all the organizations in the city which had assisted in the various seal sale campaigns or which had expressed interest in the health work carried on by the tuberculosis association were asked to name representatives who should be constantly in touch with the work of the county association. Through these representatives all educational matter could be disseminated directly to the membership of the county groups. Before the idea was fairly in operation it was decided to extend its possibilities to practically every known group of individuals in the city. In no instance did the president or other executive officer of any group refuse to cooperate along this line with the county tuberculosis association, and many letters commending the plan were received. As a vehicle for health education the Health Chairmen very quickly became notable throughout Indiana, and recently inquiries concerning the plan have have come from several other states. As an adjunct to the annual campaign for the sale of tuberculosis Christmas seals, the health chairman scheme has worked excellently. As a constant method of developing publicity for the work of the tuberculosis association the plan has also been a success. Each time a letter goes forward to all the health chairmen carrying some definite health message from the tuberculosis association, the newspapers feel that the matter is of such news character that they should print it. Thus the influence of the Health Chairmen becomes even wider than their respective groups.

Very recently the Marion County Association made a new list of organizations throughout this community which have been formed since the idea came into being and the executive officers of all of these new organizations have been asked to name such health representatives. In great numbers these newer organizations are responding to the call of the tuberculosis association.

In such work as the development of nutrition classes for children, the Health Chairmen have been found invaluable in educating parents, teachers and others to the value of such child welfare work. Recently the Marion County Association undertook a campaign of education in this com-



PRIZE-WINNING FLOAT OF THE SHAMOKIN (PA.) TUBERCULOSIS COMMITTEE.

munity to limit the migration of consumptives, inadequately financed with money, to the so-called "cure" states. Communications to the Health Chairmen on this subject resulted in educational material being placed before hundreds of thousands of the citizens in Indianapolis and Marion County. The anti-spitting campaign carried on last spring by the Indianapolis Association also found the Health Chairmen cooperating directly in the work. Many enthusiasts in health work have been uncovered through the working out of this Health Chairman plan in Marion County and excellent cooperation with clinics, public health nursing work and health legislation has been made possible.

Emerson Nutrition

"Nutrition and Growth in Children," by Dr. W. R. P. Emerson. Published by D. Appleton & Co., New York, 1922. 342 pp., with illustrations and charts. Price $2.50 per copy. Order from the JOURNAL OF THE OUTDOOR LIFE.

Malnutrition, so long supposed to be the result of poverty and a consequent lack of nourishing food, is now proved, according to Dr. Emerson's new book entitled "Nutrition and Growth in Children," to be caused by a number of factors formerly practically ignored in meeting the problem. Dr. Emerson's findings, during his years of experience with malnutrition, are emphasized with nine points which include the five causes of malnutrition as well as the four forces required to cure the condition. The greatest amount of stress in treating this all too frequent handicap among children should not be laid upon diet, but upon naso-pharyngeal obstructions, lack of home control, over-fatigue, improper diet and faulty food habits, and faulty health habits. The children of well-to-do parents, it has been found, are often undernourished while the children of the poor are well nourished. Further, the children in a given family, who eat from the same table, frequently differ greatly in physical development and the cause of under-development may be traced either to finicky food habits or one or more of the physical defects mentioned above. Gluttonous habits often result in overweight and this, too, is a condition demanding treatment as much as underweight.

For so many years it has been the habit of those seeking to solve the problem of malnutrition to think of a "cure" for it in terms of calories that it has been extremely difficult to convince even physicians that tonsils, for example, are as likely to be at the root of the trouble in a certain case as an insufficient quantity of potatoes or oatmeal.

Dr. Emerson's book should prove a valuable aid to everyone interested in child welfare. It will doubtless assist parents, teachers, social workers and physicians to place greater emphasis on factors other than diet in combating the causes of malnutrition.

H. V. W.

Musicale Raises T. B. Funds

The Richland Anti-Tuberculosis Association of South Carolina devised an ingenius method of attracting its directors to its annual meeting and at the same time for raising funds for further tuberculosis work. A local orchestra donated its services and an interesting musical program was given in connection with the annual meeting. Following the meeting a voluntary offering was made by those attending.

A local musical company, which had been attracting considerable attention last year, offered to give the association a benefit recital and as the annual meetings were never well attended no matter how good the speakers, a musicale and the meeting were combined. Printed copies of the annual report were distributed, thus doing away with the necessity of reading a long report. One or two talks were given by judiciously selected speakers, the board of directors was elected, and the entire time given to the business of the meeting required but thirty minutes.

Milk Lunches in Factories

Milk drinking in the factories has become a favorite twice daily diversion among the workers of Huntington, Indiana. A local shoe company there has worked out a scheme for supplying milk to its employees at mid-forenoon and mid-afternoon without stopping the machinery of the plant.

The milk is not only furnished to the workmen, but to the office staff as well. It is delivered to the hospital room of the factory in half-pint bottles and the men at their machines pay five cents for their bottle as the carrier reaches them.

AN ANTI-SPITTING POSTER DISTRIBUTED BY THE PHILADELPHIA HEALTH COUNCIL AND TUBERCULOSIS COMMITTEE.

Modern Health Crusade
DEPARTMENT

Crusade Course in Hygiene for Schools

The Crusade department of the National Association has secured the services of Miss Theresa Dansdill, Educational Director of the Iowa Tuberculosis Association, in the preparation of a complete course of hygiene based on the Crusade.

The Iowa Association has granted Miss Dansdill a leave of three months for this work. She joined the staff of the National Association April 19th.

The course in hygiene is to be compiled as a handbook for teachers. It will contain a syllabi of subjects for talks by teachers and for study, arranged throughout the school year for each elementary grade. The syllabi will coordinate the practice method of instruction, embodied in the Crusade, with the material in various modern text-books most in use. The handbook as planned will also contain project lessons auxiliary to the Crusade in keeping with a widespread demand and suggestions on the correlation of Crusade instruction with various school subjects.

The National Association plans to publish the handbook in cooperation with state departments of education. State editions varied to meet special needs are contemplated. The handbook does not supersede the Crusade manual distributed by the National Association. Shorter than the handbook, the manual gives the teacher a full explanation of the Crusade, but under space limitations must leave the outline of class work from day to day to the handbook. The National Association publishes also a "Brief Explanation," limited to the simplest form of Crusade program. The manual includes the "brief" and will add the optional and advanced features of the Crusade. Both manual and brief have been thoroughly revised for the 1922-23 edition.

Stories for Health Crusaders

Teachers and school nurses will find the list of supplementary reading books on the Crusade, given below, of real value. This list is only a beginning, but will serve to answer for a time, at least, the demand for stories of chivalry and the ancient crusades.

It is suggested that wherever possible the state libraries be asked to extend their loan service to rural teachers who cannot procure the books from local libraries and who do not wish to purchase them.

Baldwin, James, *Stories of the King.* These stories give, in connected narrative form, the most interesting events in the lives of Arthur and his knights. The vivid portrayal of knightly adventures will appeal to children of all ages. Many illustrations. American Book Company.

Darton, F. J. H., *Seven Champions of Christendom.* With its stirring account of St. George and the Dragon, the first story alone would make this a most valuable book. Illustrations are also excellent. Wells Gardner.

Harding, S. B. *Story of the Middle Ages.* Text-book in form, but gives complete picture of the life of the age. Scott Foresman.

Jenkins, Hester, *Gentle, Perfect Knight* (paper). Though only in pamphlet form, this booklet gives a charming and complete picture of knights of old. It offers many practical suggestions for the teaching of the rules of the Modern Health Crusade to present-day "knights." World Book Co.

Kelman, J. H., *Stories from the Crusades.* Belong to "Told to the Children" series, this book will appeal to the young reader. Dutton.

Lanier, Sidney, *Boys' King Arthur, Boys' Percy (Ballads and Verse), Boys' Froissart, Knightly Legends of Wales.* No better supplementary reading can be found for children of all ages than these four books. The first is especially valuable to teachers. Many illustrations in each. Scribner.

Lansing, M. F., *Page, Esquire and Knight—A Book of Chivalry.* Sets forth in simple story form the development and progress of knighthood. Describes tournaments and explains degrees of knighthood. Good for use with elementary grades. Ginn.

Pyle, Howard, *Story of King Arthur and His Knights.* Makes good appeal to older children and offers authoritative background for teachers. The illustrations are by the author and, though only in black and white, may be used to good effect with young children. Scribner.

Story of the Champions of the Round Table. A sequel to the above, this book gives the story of Launcelot, Tristam and Percival. It is a treasure book of adventure—well illustrated. Scribner.

Tappan, E. M., *When Knights Were Bold.* The narrative style in which these stories are written suggests them for reading aloud to children of all ages, though the book is recommended particularly for older boys and girls. Illustrations are good. Houghton.

Warren, M. R., *King Arthur and His Knights.* Authoritative and well adapted for Crusade use. Rand.

Pennsylvania Nutrition Classes

The nutrition classes conducted in the public schools of Schuylkill County, Pennsylvania, by the Anti-Tuberculosis Society, are making marked progress for the betterment of health among the school children. The total gain in the nutrition classes in the first 12 weeks for the 233 children was 709¾ pounds, or an average gain for each child of 3.04 pounds. This is 200% normal, or two times as much as the ordinary gain.

Exceptional gains have been made by many individual students of the classes. At least twenty students have gained from 9 to 16¼ pounds, one having brought his weight one pound above normal.

The play element is strongly brought forth in the nutrition classes to make the class work more effective. A play game was carried on recently in which each child was to submit his ideas for gaining in weight and health by writing a sentence beginning with each letter in the phrase "Be Strong and Healthy."

Class contests are being held between the different towns to see who can gain the largest number of pounds for a four weeks' period. Pottsville boys challenged Coaldale boys, and lost by 1½ pounds. Coaldale challenged the two Tamaqua classes and won by 12½ pounds. An individual prize contest is being conducted in each class. The amount gained in weight will be determined on the percentage basis rather than the actual number of pounds gained. The prizes will be awarded only in such cases where the students have had the necessary physical corrections made, such as teeth cleaned and filled, tonsils and adenoids removed, and any other correctable defect remedied.

The winning students will have the privilege of choosing one of a number of articles dear to the hearts of boys and girls, which have been offered as prizes.

N. T. A. Aids Health Work Abroad

That the work of the National Tuberculosis Association is bearing fruit in foreign countries as well as in the United States is evidenced by the number of requests for information regarding health programs which are frequently received at national headquarters. Among the most interesting results which such international cooperation brings about are those achieved in Brazil and Czecho-Slovakia. A recent letter from Mr. Oskar Odstrcil, Organization Secretary, Red Cross, states that following suggestions made by the National Association, a definite health program is to be carried out among the German, Hungarian, and Slovak inhabitants under Czecho-Slovakian rule. Sample copies of posters and pamphlets just received from Brazil indicate that a large amount of printed matter distributed by the National Association has been translated and adapted for use in South America.